

Breakfast Menu 2018/2019

Elementary

	Mon.	Tues.	Wed.	Thurs.	Fri.
Wk 1	Sausage Biscuit (26) Chocolate Glazed Donut (46)	Cheesy Bacon Eggs (2) Toast (18) Jelly (9) Blueberry Muffin (21) Yogurt (14)	Breakfast Bacon Pizza (25) Chocolate Chip French Toast (35) Syrup (31)	Eggs (1) Sausage (1) Biscuit (25) Hash Brown (29) Gravy (6) Cereal Bar (30) & String Cheese (2)	Chicken Biscuit (32) Protein Power Fruit Smoothie(11) w/ Minion Grahams (21)
Wk 2	Sausage Biscuit (26) Powdered Donut Holes (32)	Cheesy Bacon Eggs (2) Toast (18) Jelly (9) Cereal Bar (30) & String Cheese (2)	Breakfast Sausage Pizza (31) Maple (39), Strawberry(40), Funfetti Pancakes (36) Syrup (31)	Pop Tart Strawberry (75) Pop Tart Fudge (76) Pop Tart Cinnamon (76) Pop Tart Blueberry (76)	Chicken Biscuit (32) Chocolate Chip French Toast (35) Syrup (31)
Wk 3	Sausage Biscuit (26) Vanilla Sugar Powdered Donut (31)	Cheesy Bacon Eggs (2) Toast (18) Jelly (9) Chocolate Muffin (23) & Yogurt (14)	Breakfast Bacon Pizza (25) Ginny's Waffles (37) Syrup (31)		Chicken Biscuit (32) Protein Power Fruit Smoothie (11) w/ Minion Grahams (21)

"The USDA is an equal opportunity provider & employer"

Cinnamon Toast Crunch (22) FF Milk- (11) AJ- (14)
 Froot Loops (24) 1% Milk- (11) OJ- (14)
 Cocoa Puffs (25) Chocolate Milk- (20) GJ- (19)

Pineapple- (13) Banana- (27) Orange- (21)
 Fruit Salad-(6) Peach Cup- (19) Craisins- (28)
 Apple Slices- (7) Strawberry Cup- (22)

*Menus will change due to seasonal availability & student preferences.
 Please go to WC Schools Food Service Website for full menu with
 nutritional data and images:
<http://www.woodford.kyschools.us/content/18>*

May				
M	T	W	Th	F
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24

August					September					October					November					December					January					February					March					April														
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F										
6	7	8	9	10	3	4	5	6	7	1	2	3	4	5	5	6	7	8	9	3	4	5	6	7	7	8	9	10	11	4	5	6	7	8	4	5	6	7	8	8	9	10	11	12	8	9	10	11	12					
13	14	15	16	17	10	11	12	13	14	15	16	17	18	19	12	13	14	15	16	10	11	12	13	14	14	15	16	17	18	11	12	13	14	15	11	12	13	14	15	15	16	17	18	19	15	16	17	18	19					
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27	28	29	30	31	24	25	26	27	28	29	30	31	1	2	26	27	28	29	30	26	27	28	29	30	3	4	5	6	7	28	29	30	31	1	25	26	27	28	1	25	26	27	28	29	29	30	1	2	3	29	30	1	2	3

	Mon. Pasta Party Bar	Tues. Taco- style Tuesday	Wed. Pizzeria & a Treatza	Thurs. Sandwich Zone	Fri. Fresh Favorites
Wk 1	Spaghetti Noodles (42) w/ Homemade Mama's Meat Sauce (8) or Marinara (13)	Chicken (2) or Beef (2) Soft Flour Shells (14) Tacos Mexican Fiesta Rice (43)	Big Daddy Cheese Pizza (36) Pepperoni (43) or Cheesy Bread (32) w/ pizza dip (2) Mini Rice Krispy Treat (9)	Chicken Patty (15) or Burger(0) Bun (28) Bar Curly Fries (25)	Mini Corn Dogs (33) Cheese & Macaroni (54) Crispy Fries (21) Woodford Salad (3.5)
Wk 2	Rotini Corkscrew Pasta (41) w/ Marinara (13) or Cheesy alfredo (5)	Beef (2) or Chicken (2) Nachos Top n Go Doritos (28)or Tostitos (29) w/ Queso (2)	French Bread Pepperoni Pizza (33) or Cheese (30) Breaded Cheese Sticks (33) Pizza Dipping sauce (2) Chocolate Fudge Cookie (23)	Mini Chicken (7) or Burger (2) Sliders Bun (19) Smiley Fries (20)	Chicken Tenders (15) Basket Mashed Potatoes (14)/ Corn (16) Sweet Yeast Roll (22)
Wk 3	Meatball (5) Mania w/ marinara (13) Spaghetti Noodles (42)	Chicken (37) or Cheese (39) Quesadillas Woodford Salad (3.5)	Little Caesar's Pizza Pizza! Cheese (31) Pepperoni (31) Sausage (31) Mini Ice Cream Sandwich (15)	My- Way Substation Choice of Ham (48), Turkey (45) or Chicken (45) Baked Doritos (20) or Cheetos (13)	Ballpark Hot Dog (1) Bun (29) Crispy Fries (21) Sweet Baby Ray's Baked Beans (30)
Daily Entree Options	Ham & Cheese Sandwich (43) Nacho Lunch-kit (44)	Turkey & Cheese Sandwich (40) Chicken Dunker-kit (54)	WOW Butter & Jelly Sammy (55) Yogurt Lunch-kit (72)	Ham & Cheese Sandwich (43) Chicken Dunker-kit (54)	Turkey & Cheese Sandwich (40) Nacho Lunch-kit (44)
Daily Side Options	Fresh Roasted Veggies (6) Woodford Salad (3.5) Parmesan Cheese (0) Cheesy Breadstick (16)	Sweet Corn (16) Refried Beans (23) Shredded Cheese (1) Salsa (3) Sour Cream (4)	BLT Salad (13) Carrot Dippers (8) w/ Hidden Valley cup (7)	Super Sandwich Toppings (0) Celery Crunchers (2) w/ Hidden Valley cup (7) Cheese Slice (2)	Mustard (0) Honey Mustard Cup (9) Ketchup (8) BBQ (10) Mayo (1) Ranch dressing (9) Honey mustard dressing (7)

- Pineapple- (13)
- Banana- (27)
- Orange- (21)
- Fruit Salad-(6)
- Peach Cup-(19)
- Craisins- (28)
- Apple Slices- (7)
- Strawberry Cup- (22)

FF Milk- (11)
1% Milk- (11)
Chocolate Milk-(20)

May				
M	T	W	Th	F
6	7	8	9	10
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20	21	22	23	24	17	18	19	20	21	22	23	24	25	26	19	20	21	22	23	17	18	19	20	21	21	22	23	24	25	18	19	20	21	22	18	19	20	21	22	22	23	24	25	26
27	28	29	30	31	24	25	26	27	28	29	30	31	1	2	26	27	28	29	30				3	4	28	29	30	31	1	25	26	27	28	1	25	26	27	28	29	28	29	30	1	2